



# THE CAPSULE SESSIONS

## Virtual Learning with a Twist

### ACT ONE

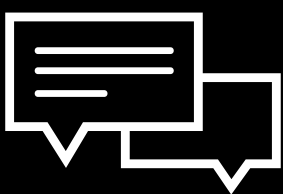
#### Refocus away from the course



A one size fits all course is no longer enough. We add participants to our courseflow system and they engage with our performance consultation metric. This measures the friction between work and skill area and identifies their main area of concern within the subject matter.

### ACT TWO

#### Contextually relevant digital resources



Knowing exactly what is of concern to each participant means we can drip feed them tailored digital resources from our topic 'playlist'. Over 5 days, participants receive curated knowledge on their weak spot before the course even begins. This content is made by us or is sourced externally.

### ACT THREE

#### Course Delivery



Already armed with the knowledge they need in the area they feel less sure, they are open to fully understanding the rest of the subject matter through our 1.5 hour virtual group session. High impact, a value driven sharing of best practice with others & relevant, our sessions provide practical tools.

### ACT FOUR

#### Bridging the gap



After a second metric, we realise any skill performance gaps. Participants receive further curated content, engage in direct conversation with us or are drip fed content over a longer period of time. No one is left with that 'wanting more' box on a feedback form filled in.